

# Personal Development - Creative AGE 16+

## Guitar for Beginners

Students will learn the fundamental basics of guitar playing. No previous experience required, just the desire to have fun learning to play the guitar.

10 weeks, Wed 7 - 8pm

Start dates 28 Sep, 18 Jan, 25 Apr

Full fee £33

## Guitar for Improvers

Students will need to have completed the beginner's course and have the ability to tune the guitar. Students will learn in a fun and relaxed class.

10 weeks Wed 8 - 9pm

Start dates 28 Sep, 18 Jan, 25 Apr

Full fee £33



## Beginners/Improvers Watercolours

This course is ideal for beginners or those who have little experience who wish to develop their skills, techniques and creative flair in watercolour painting.

10 weeks, Thur 10 - 12noon

Start dates 29 Sep, 19 Jan, 26 Apr

Full fee £40

## Learn to play the Double Bass or Trumpet

Ring 02380739797 for details

# Personal Development - Certified Courses AGE 16+

## Level 1 Coaching in Football

6 sessions, 36 hours - £140 ring for details

## Day Certificate in Sports Leadership

£25 ring for details

## Mental Health First Aid training

2 Days, 14.4 hours - £60 ring for details

## Emergency First Aid at Work

1 Day, Sat 9 - 4pm

Dates 19 Nov, 17 March, 7 July

£45 (includes book)



# Bite Size Courses

Why not try one of our 2 hour taster sessions for just £5!

## Jewellery Making

Sat 10 - 12noon, 26 Nov, 28 Jan, 26 May

If you would be interested in booking an adult jewellery party for you and your friends please ring 023 8073 9797 for details.



## Floristry

Come and make a gift wrapped bouquet and learn a little about what it is like to work in a florist shop.

Sat 12.30 - 3.30pm, 22 Oct

## Job Search

Learn how to search for jobs effectively on the computer.

Sat 10 - 12noon, 8 Oct

## Mail Merge

Sat 10 - 12noon, 5 Nov

## File Management

Learn how to manage your computer files to help the efficient running of your computer

Sat 10 - 12 noon, 21 Jan

## How to use the Internet Safely

Sat 10 - 12noon, 3 Mar

## CV Writing

Learn how to produce a CV to impress future employers.

Sat 10-12noon, 1 Oct

## Shopping on the Internet

Sat 10-12noon 12 Nov