

OCL: Lord's Hill: Design Technology/3D Design and Food & Nutrition: Long Term Plan

Brief overview

Year 7: *Novice to intermediate*

It is highly likely that students will transition into Year 7 with a vast range of D&T experiences, skills and knowledge, and some with none. It is therefore vital that teachers work closely with students to affirm and acknowledge all prior D&T learning (formal – through Primary school experiences, and informal – outside of school e.g., Cubs, clubs, online) and to ensure that those who have previously developed skills and understanding can use them in lesson and are signposted to extracurricular activities, as appropriate.

D&T initially aims to ignite students' curiosity, foster their critical thinking abilities, and nurture their designing and technological skills. In Year 7 Design & Technoloy a core theme of single material product analysis underpins the carousel. Students will study a balance of the following areas: designing, making, considering wider consequences, developing technical knowledge, experiencing materials and evaluating finished products.

In Food & Nutrition the carousel is a balance of food practical skills and the core knowledge areas of nutrition, food provenance, science, safety, and choice. Recipes are designed to develop basic practical skills, fostering confidence in the kitchen, and are underpinned by local contextual food studies. Students reflect on the sensory properties of their made products in relation to their personal tastes.

10 Week Carousel	Food & Nutrition Carousel	Design & Technology Carousel
Unit title	Year 7 Food & Nutrition	Year 7 DT Bookend Project
	Practical Cooking Skills	Wood Materials
	Nutrition & Healthy Eating	Designing for Self
	Food Safety	Considering consequences of D&T
Relevant core concepts	Food Provenance	Making
	Food Choice	Evaluating
	Food Science	
	Nutrition Knowledge	
	The main food groups.	D&T Knowledge
Indicative knowledge	The Eatwell Guide and how to use it.	Why designers research and identify the needs and wants of the intended user
	The Government 8 Tips for Healthy Lifestyle.	of the product.
	Energy Balance and measurement	



	How excess sugar intake is affecting our health. How excess fat intake is affecting our health. Food Provenance Italian pasta choices. Food Choice Gluten free – coeliac disease Food Safety	The difference between hard, soft and engineered woods, their uses and characteristics. Why designers research existing products and how this inspires innovative design. How to write a design specification. How to draw a range of 2D design ideas, inspired by your research, with accuracy and precision.
	Personal & Kitchen Hygiene Practical Skills Understand and uphold health, safety & hygiene rules in the kitchen. How to safely & accurately use utensils, knives & equipment in the kitchen. How to safely & accurately follow the stages and processes of a recipe. Food Science The meaning of enzymic browning. The meaning of conduction, convection and radiation. How micro-organisms are used in cooking bread. The meaning of coagulation.	How to use templates, measure & mark accurately when transferring your design. How to evaluate your finished product against your specification. D&T Practical Skills Know and uphold health and safety rules in the workshop. Safely & accurately use machines and hand tools in the workshop. How to accurately cut, shape and finish soft wood.
Core declarative knowledge facts or information stored in the memory	 Gaining knowledge of: core safe and hygienic working practices in the food room where food comes from and how it is used the basic tools and equipment used to prepare and process food the scientific properties of ingredients the dietary constraints of a food related medical condition 	 Gaining knowledge of: core safe and hygienic working practices in the workshop wood materials and the tools/equipment that are suitable to manipulate them user centred design techniques (customer: self) working to a design specification rapid prototyping principles [to meet design criteria quickly and efficiently]
Core procedural knowledge the knowledge exercised in the performance of a task	 Getting better at: Using Food Technology tools and equipment Using a Food Technology vocabulary Following recipe procedures and judging taste, favour, temperature etc 	Getting better at: – using Design Thinking methodologies to analyse products e.g. ACCESSFM – developing techniques to use tools and equipment effectively – the process and value of Design Critique – how to analyse & evaluate the consequence(s) of design decisions whilst prototyping using materials, tools, processes, and techniques



	Developing an understanding of:	Developing an understanding of:
Hinterland knowledge the extra contextual knowledge needed to be able to understand key concepts or vocabulary	 the lifecycle of foods and ingredients the correlation between biological, chemical & physical science and food studies the consequences of unsafe of unclean food preparation the skills and precision used in food preparation using specific equipment 	 the vast complexity of even seemingly simple products lifecycles the needs and wants of the customer: designing for self the interrelation between design decisions and the downstream environmental and social consequences. creative prototyping examples occurring post criteria definition / within narrow constraints the compromises designers must make



Brief overview

Year 8: Intermediate

The Year 8 curriculum build upon the foundations laid in Year 7 and aims to develop increased mastery in the following areas: designing + making, considering wider consequences, developing technical knowledge, experiencing materials & evaluating made products. They will also start to use a specific D&T vocabulary with confidence and accuracy.

Year 8 is also a great time to start to develop students' decision-making agency, so tasks will start to include an element of ambiguity that students will need to grapple with and make decisions based on their experience of D&T in Year 7 and their work in other subject areas e.g. Maths and Physics. We move toward designing for "others" (as opposed to for "self") which will mean collaborating with others and using "soft-skills" such as asking for and receiving critique and feedback. Product analysis will continue to be a core stand and we will start to explore more complex products, and their impact on both the environment and the economy.

Food and Nutrition in year 8 builds upon the basic key practical skills, adding an additional layer of complexity in technique and process. Students begin to work with high-risk foods to formulate strict food safety principles when working with these commodities. The core principles of Nutrition & Healthy Eating, Food Safety, Provenance, Choice and Food Science continue to underpin the curriculum and directly link to the selected recipes. Students are nurtured to be increasingly more independent in practical work and adapt dishes to suit their preferences or those of their family.

10 Week Carousel	Y8 Food Carousel	Y8 Design & Technology Carousel
Unit title	Year 8 Food & Nutrition	Year 8 DT Memphis Clock Project
	Practical Cooking Skill	Plastic Materials
	Nutrition & Healthy Eating	Designing for Others
	Food Safety	Considering consequences of D&T
Relevant core concepts	Food Provenance	Making
	Food Choice	Evaluating
	Food Science	
	Nutrition Knowledge	D&T Knowledge
Indicative knowledge	The two types of carbohydrates.	The history and impact of the Memphis Design Movement and how to use these
	The two types of fats.	designers as inspiration for your product.
	The macronutrients and how they support the healthy body.	The different types of plastics, their uses and characteristics.



body. How to write a more complex design specification for a chosen individuals needs and wants. How to draw & render a range of 3D design ideas, inspired by the Memphis design movement, with accuracy and precision. How to draft and follow a production plan. /egetarian. How to evaluate the finished product, including reflecting on feedback. D&T Practical Skills . Recall and uphold health and safety rules in the workshop. Safely & accurately use machines and hand tools in the workshop. tchen. How to accurately cut, shape, bond and finish acrylic.
How to draw & render a range of 3D design ideas, inspired by the Memphis design movement, with accuracy and precision. How to draft and follow a production plan. How to evaluate the finished product, including reflecting on feedback. D&T Practical Skills . Recall and uphold health and safety rules in the workshop. Safely & accurately use machines and hand tools in the workshop.
design movement, with accuracy and precision. How to draft and follow a production plan. vegetarian. How to evaluate the finished product, including reflecting on feedback. D&T Practical Skills . Recall and uphold health and safety rules in the workshop. Safely & accurately use machines and hand tools in the workshop.
How to draft and follow a production plan.vegetarian.How to evaluate the finished product, including reflecting on feedback.D&T Practical Skills.Recall and uphold health and safety rules in the workshop.Safely & accurately use machines and hand tools in the workshop.
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Safely & accurately use machines and hand tools in the workshop.
tchen. How to accurately cut, shape, bond and finish acrylic.
the kitchen.
nore complex
Gaining knowledge of:
 defining design criteria using product research
 principles of User Centred Design
 how material properties influence design decisions
od, including – the lifecycle and impact of plastic materials
 specific material properties (hardness, toughness, ductility, malleability
 techniques, materials and joining methods designers and engineers use



	Getting better at:	Getting better at:
	 weighing/measuring 	 applying procedural knowledge from other subjects in service of a
	 cutting/slicing 	design problem e.g. Computing
	– mixing	 how to make reasoned and balanced design decisions
Core procedural	 forming/shaping 	 using appropriate design communication techniques
knowledge	– applying heat	 analysing products using analysis frameworks [e.g. ACCESS FM]
the line whether	 checking for readiness 	 identifying materials, components, joining methods etc
the knowledge	 applying food safety principles 	 making links to wider impacts of design decisions (positive and
exercised in the performance of a task	 using equipment and utensils with precision 	negative)
perjormance of a task		 measuring with precision, cutting with repetitive accuracy, refining,
		assembling and testing
		 manipulating shapes to create forms that solve design problems
		 how to meet (and test) design constraints
	Developing an understanding of:	Developing an understanding of:
Hinterland knowledge	 the friction between ethical/environmental food production, cost and 	 real life, relatable examples of design constraints in action e.g.
	nutrition	aeroplane seats, sports equipment, phone chargers
the extra contextual	 the factors that affect a person's nutritional needs and the wider 	 examples of the unique functionality that specific materials can offer,
knowledge needed to	consequences of not following healthy eating guidance	but the issues of areas like availability of ethical sourcing
be able to understand	 how dietary restrictions place limitations on choice due to availability 	
key concepts or	 food safety practices in the industry governed by UK legislation 	
vocabulary		

Year 9: Elements of mastery

Year 9 for some will be the last time they formally study D&T, while for others it will be the springboard towards KS4, 5 and further study of D&T related subjects. For the former group Year 9 is designed to foster an understanding and appreciation of the myriad ways in which humans affect each other and the planet through their actions and choices. For the latter group we will continue to grow confidence and agency in using a design process and develop a mastery approach to using D&T specific tools.

In Year 9 Design & Technology, product analysis will continue to be a signature technique as we explore the form, function and lifecycles of highly complex products made from multiple material types, and their impact on the environment, culture/society and the economy. Consideration for great, historical designers of the past will be given when designing modern products of the future.

Food and Nutrition in year 9 begins to introduce students to the cultural nature of dishes and the migration of new flavours and ideas from the migration of people into the UK. Like Design and Technology, the origin and availability of foods & commodities are explored alongside the modern constraints of economic, social and environmental issues. UK legislation that directly



impacts food production and consumption is discussed in relation to health and wellbeing. Cooking techniques and processes continue to build on the basics of lower key stage 3 learning with increased complexity and refinement of skills to achieve successful outcomes.

10 Week Carousel	Food & Nutrition Carousel	Design & Technology Carousel
Unit Title	Year 9 Food & Nutrition	Year 9 Art Deco Lamp
	Practical Cooking Skills	Designing – form and function focus
	Nutrition & Healthy Eating	Making
Relevant core	Food Safety	Considering consequences of D&T
concepts	Food Provenance	Technical Knowledge
	Food Choice	Evaluating
	Food Science	
	Nutrition Knowledge	
	The two types of protein.	D&T Knowledge
	Nutritional needs of different groups.	The history and impact of the Art Deco Movement and how to use these designers
	How vegetarians and vegan gain their protein	as inspiration for the product.
	Food Provenance	How to analyse existing products in depth using ACCESS FM.
	Look at four different cuisines(Italian, Chinese, Indian & Mexican)	How to write a more complex design specification considering environmental
	The variety of dishes that have migrated into the UK.	impact.
	The meaning of the term 'staple' food.	How to draw & render a range of 3D design ideas, including a CAD, inspired by the
	Food Choice	Art Deco design movement, with accuracy and precision.
	Food waste & the environment.	How an electronic circuit is constructed.
Indicative knowledge	Sustainable & ethical food.	How to evaluate your finished product, including reflecting on its environmental
	Food poverty in the UK	impact.
	Food Safety	D&T Practical Skills
	Food safety including 4'cs and temperature control.	Recall and uphold health and safety rules in the workshop.
	EHO & grading food establishments	Safely & accurately use machines and hand tools in the workshop.
	Practical Skills	How to accurately cut, shape, bond and finish acrylic, electronic components & soft
	Recall and uphold health, safety & hygiene rules in the kitchen.	wood.
	How to safely & accurately use utensils, knives & equipment in the kitchen	
	with more precision and accuracy.	
	How to safely & accurately follow the stages and processes of more complex	
	recipes.	



	Food Science	
	The meaning of dextrinization	
	The meaning of elasticity	
	The meaning of extruding	
	The meaning of tenderise	
Core declarative knowledge facts or information stored in the memory	 Gaining knowledge of: nutrition for optimum health of specific groups of people primary and secondary food processing alternative diet & lifestyle choices and the factors that influence these, i.e. religion, culture & economics the risks to human health if one does not follow safe and hygienic working practices the tools and equipment used to prepare and process food, including electrical devices and more complex mechanical tools. the practical processes that relate to the food science vocabulary and meanings learnt 	 Gaining knowledge of: creative risk taking, including factoring in time. how to ideate, develop and iterate prototypes how to select combinations of materials, tools and equipment how to manipulate the properties and characteristics of materials
Core procedural knowledge the knowledge exercised in the performance of a task	 Getting better at: preparing ingredients with greater precision and accuracy using tools and equipment with greater skilful control recognising when cooking processes are not working and adjusting as necessary, i.e. turning hob heat down if liquid looks about to boil over recognising when flavour needs adjustment and beginning to understand the balance of sour, salty, bitter, sweet and umami recognising when a food product has been presented in an appealing manner 	 Getting better at: cutting and joining materials setting-up and carrying out controlled tests observing and analysing modes of failure selecting materials and prototyping / manufacturing techniques working in and though a design process confidently making design decisions based on prior knowledge safely using tools, equipment and materials to develop prototypes.
Hinterland knowledge the extra contextual knowledge needed to be able to understand key concepts or vocabulary	 Developing an understanding of: the moral dilemma when purchasing food products from unethical sources the part individuals & corporations play in sustainable food consciousness the factors that affect a person's access to food, the impact of the cost of living crisis and food poverty in the UK the influence of migration on UK food offerings the role & power of the EHO in monitoring and inspecting eating establishments frequented by students 	 Developing an understanding of: the role of prototypes in a commercial design / engineering process how designers present ideas using a range of media how designers are inspired by other creatives both past & present how designers are considering the impact of product lifecycle on the environment how electronic systems are tested and faults identified



Brief Overview

Year 10 & 11

For students who decide to choose further study in either Food and Cookery or 3D Design, their extended journey begins with a period of reflection, personal assessment and opportunity to hone, refine and develop their technical skills and understanding. Time is dedicated to exploring the structure & learning route through the individual courses, the assessment breakdown and standards. Students will examine previous student work as they explore their own ideas and creativity, clarifying the expectations of each qualification.

For those studying Food and Nutrition, there is a balance of learning between the core theory knowledge required to answer written exam questions with confidence and the real-world catering scenario posed by the Non-Exam Assessment. The heart of the course aims to develop student skills to cook desirable, nutritionally rich, flavourful dishes.

3D Design students will note a shift from designing and making products in resistant materials to an exploration of a wide range of modelling materials which enable them to experiment and refine their own creative intentions. Immersing oneself in the wide variety of outcomes produced by 3D designers and artists, in a broad array of contexts, is the aim of this course, offering students experiences that allow creative endeavours with personal meaning and connection, to emerge.

Term 1	NCFE Level 2 Technical Award in Food & Cookery	AQA GCSE 3D Design
Unit title	Year 10 Nutrition & Health	Year 10 Building Skills
	 health and safety relating to food and the cooking environment 	AO1 Develop ideas through creative and purposeful investigations
	 the main food groups & key nutrients and what is required for a 	AO2 Thoughtfully refine ideas with discrimination.
Relevant core	balanced diet	AO3 Record ideas, observations and insights skilfully and rigorously through;
concepts	 applying practical cooking skills and techniques 	drawing, annotation, other appropriate means
		AO4 Present a personal and meaningful response that realises intentions.
		3D Design Knowledge
	Safe and hygienic working practices relating to the individual and the	How to develop and record ideas, both analogue (physical sketchbook) & digitally.
	cooking environment, including equipment.	How to reflect and respond to ideas as work progresses.
		How to work with a range of new techniques, mediums and materials.
	Potential hazards and risks in the cooking environment and how to	How to refine work as it progresses.
Indicative knowledge	minimise them.	How to construct work in 3D.
		How to communicate ideas through drawing & modelling processes.
	Proportions of the food groups – Eatwell Guide	How to explore construction techniques.
	UK government healthy eating tips	How to experiment with layout and composition in sketch books.
		How to make outcomes personal and meaningful.



	Sources and functions of macronutrients, micronutrients, minerals, fibre	How to demonstrate understanding of visual language through outcomes and
	& water	annotations.
	Nutrient imbalances: deficiencies and excesses	3D Design Practical Skills
		How to draw from observation
	Nutritional requirements for different groups of people	How to photograph - the basics
		How to sculpt with clay
	Food-related health conditions & intolerances or allergies	How to paint with watercolours
		How to paint with acrylic paints
	Nutritional information on food labels	How to sculpt with blue foam
		How to decoupage and laminate surfaces
	Key stages and the purpose of a recipe	How to sculpt using modroc or sculptamold
		How to design and laser cut plywood
	The characteristics and functions of ingredients	How to cut, heat bend and finish acrylic
	Practical skills in preparation, cooking techniques & presentation.	
	Gaining knowledge of:	Gaining knowledge of:
	- health and safety in a cooking environment	 how to present work professionally or creatively - like an artist/designer
	 how to prepare and cook food safely 	 recognising reliable sources of information online and the value of
	 food groups and the role of key nutrients in maintaining good 	primary research (direct photos and sketches).
Core declarative	health	 the importance of consistent reflection on work produced in order to
knowledge		inform next steps and show 'flow'.
0		 the methods 3D artists and designers use to generate, record,
facts or information		communicate ideas.
stored in the memory		 the meaning and significance behind the work of 3D artists and designers.
		 the importance of meeting the needs and wants of a client when
		designing a product.
		 how to show understanding of visual language by considering the formal
		elements of art & design – what elements make great art or design?



	Getting better at:	Getting better at:
Core procedural knowledge the knowledge exercised in the performance of a task	 applying consistent hygiene and safety procedures reading and following a recipe method ingredients preparation with greater precision applying appropriate and proportionate heat adapting cooking processes in response to technical errors taste testing and adjusting as necessary effective time management 	 analysing & evaluating own and others work. selecting and using tools, skills and processes at one's disposal during creative endeavours. drawing ideas from research and investigation. making connections between artists, designers and one's own work. confident testing, trialling & blending materials and processes as they are learnt.
Hinterland knowledge the extra contextual knowledge needed to be able to understand key concepts or vocabulary	 Developing an understanding of: how & why poor hygiene and cleaning standards in the kitchen impact other's health and wellbeing. The UK government's healthy eating guidelines. The health of the nation and the services that support it. 	 Developing an understanding of: how sources relate to historical, contemporary, cultural, social, political, environmental contexts, within which artists and designers respond through their work. how feelings and emotions can both hinder and enlighten creativity. how the viewer receives intentional and unintentional messages through creative works and how this is determined by the viewers own life experiences. how artists and designers take risks in their work by having a flexible, open-minded approach, without fear of, but instead embracing, mistakes and accidents as a valuable part of the process.



Term 2	NCFE Level 2 Technical Award in Food & Cookery	AQA GCSE 3D Design
Unit title	Year 10 Catering for All	Year 10 'When Nature Takes Over'
Relevant core concepts	 Factors that affect food choice Recipe development and how recipes may be adapted Applying practical cooking skills and techniques The importance of planning a menu and action planning Catering for people who have specific dietary requirements 	 AO1 RESEARCH – IMAGES & ARTISTS: Develop ideas through sustained and focused investigations informed by contextual and other sources, demonstrating analytical and critical understanding. AO2 – EXPERIMENTS WITH MEDIA: Experiment with and select appropriate resources, media, materials, techniques and processes, reviewing and refining ideas as work develops. AO3 – IDEAS, OBSERVATIONAL DRAWINGS & EXPLANATIONS: Record in visual and/or other forms, ideas, observations, and insights relevant to intentions, demonstrating an ability to reflect on work and progress. AO4 – FINAL IDEA & PIECE, LINKS TO RESEARCH: Present a personal, informed and meaningful response demonstrating critical understanding, realising intentions and, where appropriate, making connections between visual, written, oral or other portfolio elements.
	Factors affecting choice, Social, Environmental & Seasonality	3D Design Knowledge Understand the meaning of a diorama, how and where such a creative piece
	Amending and developing recipes	would be used.
	Interpreting a customer brief	Understand how to select appropriate & relevant artists or designers to research. Understand how to thoroughly and concisely record research and personal responses to it, in portfolios.
Indicative knowledge	Menu & action planning	Understand where to find reliable information online. 3D Design Practical Skills
	Evaluating the planning and outcome of completed dishes against the	Know how to produce observational drawings and photographs.
	requirements of a customer brief	Know how to experiment with materials, tools and processes, recording and reviewing samples in the portfolio.
	Catering for different groups of people with:	Know how to use existing and developing practical skills to produce a final
	 Food-related health conditions 	outcome with precision and accuracy.
	Health conditions	
	Intolerances & Allergies	



Core declarative knowledge facts or information stored in the memory	 Gaining knowledge of: factors that impact on food choice (to include health conditions (allergies and intolerances) how dishes can be adapted the importance of planning and sequencing when cooking how to present, decorate, garnish, evaluate and improve 	Gaining knowledge of: - Developing ideas in response to research. - Refining ideas following experimentations. - Recording thoughts and insights at appropriate points in the portfolio. - Clearly communicating design or art intentions. - Identifying connections between research, ideas, developments and final outcomes.
Core procedural knowledge the knowledge exercised in the performance of a task	 Getting better at: actively minimising hazards and risks when cooking reading and interpreting multiple recipes together - dovetailing ingredients accurate preparation with finesse applying appropriate and proportionate heat with consideration for conserving energy adapting cooking processes in response to technical errors taste testing and adjusting as necessary effective time management 	 Getting better at: Drawing from observation. Photographing useful observations. Sculpting, carving, cutting, joining and finishing a range of materials. Using tools and equipment safely and accurately. Correcting, mending, adjusting elements of material finish. Presenting and photographing final outcomes in appropriate settings.
Hinterland knowledge the extra contextual knowledge needed to be able to understand key concepts or vocabulary	 Developing an understanding of: the needs and wants of a range of customers influenced by religious, moral, social, cultural or environmental beliefs. the standards achieved by professional chefs as illustrated by programs such as <i>Masterchef</i> or <i>Great British Menu</i>. the opportunities presented by catering colleges for KS5 study. the specialisms within the industry, for example; pâtissier, entremetier, Boucher. 	 Developing an understanding of: the industry job roles that involve model making, both large and small scale. digital developments in 3D 'virtual' modelling
Term 3	NCFE Level 2 Technical Award in Food & Cookery	AQA GCSE 3D Design

Unit title	Year 10 The Food Industry	Year 10 Product Design Jewellery/Interior Lighting
Delevent core	 Legislation in the food industry 	
Relevant core concepts	- Food provenance	
	The Food Standards Agency (FSA) and food safety legislation	2D Decise Knowledge
	Food provenance:	3D Design Knowledge Understand how to write a design brief that answers a problem for a client.
	Grown	Understand how to write a design offer that answers a problem for a cheft.
	Reared	Understand how to write a design specification using ACCESS FM.
	Caught	Understand how to create a range of ideas, gain market feedback from
		stakeholders and develop the most suitable idea.
	Food transportation	3D Design Practical Skills
		Know how to create a range of initial ideas annotated to explain design thinking
Indicative knowledge	Food processing:	Know how to create a final design idea, showing multiple view points.
	Why food is processed	Know how to produce a scaled orthographic projection.
	 Advantages of processed food 	Know how to model the final idea in card/low cost materials.
	 Disadvantages of processed food 	Know how to plan for final construction, including a materials list.
		Know how to use modelling insights to inform final construction.
	Food manufacturing:	
	Why food is manufactured	
	 Advantages of manufactured food 	
	 Disadvantages of manufactured food 	
	Gaining knowledge of:	Gaining knowledge of:
		 Using the work of others to inspire one's own ideas.
Core declarative	 the importance of legislation that governs the food industry where food is sourced, seasonality and food production 	 Designing products of worth and value to a specific client needs and wants.
knowledge	processes	 Gaining a balance of form, function and aesthetics in product design.
facts or information	- the environmental impact of food transportation, processing and	
stored in the memory	manufacture	



Core procedural knowledge the knowledge exercised in the performance of a task	 Getting better at: actively minimising hazards and risks when cooking writing a dovetailed action plan minimising ingredients wastage applying appropriate and proportionate heat with consideration for nutritional value minimising technical errors through advanced preparation, prior knowledge and careful observation planning for balanced flavours: sour, salty, bitter, sweet & umami effective & efficient time management 	 Getting better at: Critically evaluating existing products in the marketplace. Using the iterative design cycle to review and refine product development before final production begins. Allowing yourself time to ruminate on ideas to avoid design fixation and let creativity flow. Sketching, sampling, modelling and manufacture – including quality control points.
Hinterland knowledge the extra contextual knowledge needed to be able to understand key concepts or vocabulary	 Developing an understanding of: the organisations that promote ethical, moral, sustainable food selecting & purchasing food with a discerning eye the global food crisis and modern developments in food farming and production, e.g. vertical farming 	 Developing an understanding of: Recognising the variety of price points in the marketplace from budget to luxury goods. Understanding the term 'designed obsolescence'. Know that manufacturers are increasingly concerned with sustainability in production. Understand the growing number of environmentally & ethically conscious consumers driving product trends.
Term 1	NCFE Level 2 Technical Award in Food & Cookery	AQA GCSE 3D Design
Unit title	Year 11 NEA	Year 11 Component 1 Personal Sustained Project
Relevant core concepts	The internal, non-exam assessment (NEA) takes the form of an internal synoptic project. It is a formal assessment that require the learner to independently apply an appropriate selection of knowledge, understanding, skills and techniques, developed through the full course of study, in response to a real-world situation,	Personal sustained project developed in response to a subject, theme, task or brief evidencing the journey from initial engagement with an idea(s) to the realisation of intentions. This will give students the opportunity to demonstrate, through an extended creative response,



	to enable them to demonstrate an integrated connection and coherence between the different elements of the qualification. AO1 Recall knowledge and show understanding: The emphasis here is for learners to recall and communicate the fundamental elements of knowledge and understanding. AO2 Apply knowledge and understanding: The emphasis here is for learners to apply their knowledge and understanding to real-world contexts and novel situations. AO3 Analyse and evaluate knowledge and understanding: The emphasis here is for learners to develop analytical thinking skills to make reasoned judgements and reach conclusions. AO4 Demonstrate and apply relevant technical skills, techniques, and processes: The emphasis here is for learners to demonstrate the essential technical skills relevant to the vocational sector, by applying the appropriate processes, tools, and techniques AO5 Analyse and evaluate the demonstration of relevant skills and techniques, and processes: The emphasis here is for learners to analyse and evaluate the essential technical skills, processes, tools and techniques relevant to	 their ability to draw together different areas of knowledge, skills and/or understanding from across their course of study. Students can choose one or more of the areas of study: architectural design sculpture ceramics product design jewellery and body adornment interior design environmental/landscape/garden design 3D digital design designs for theatre, film and television.
Indicative knowledge		3D Design Knowledge how sources relate to historical, contemporary, cultural, social, environmental and creative contexts how ideas, feelings, forms, and purposes can generate responses that
	Content areas assessed: 1. Health and safety relating to food, nutrition and the environment 5. Preparation and cooking skills Task 2 (b): Evaluating an amended recipe	address specific needs be these personal or determined by external factors such as the requirements of an individual client's expectations, needs of an intended audience or details of a specific commission. 3D Design Practical Skills



Content areas assessed:

2. Food legislation and food provenance

3. Food groups, key nutrients and a balanced diet

5. Preparation and cooking skills
 6. Recipe development

Task 3 (a): Menu and action planning for a two-course meal

Content areas assessed: 1. Health and safety relating to food, nutrition and the environment 3. Food groups, key nutrients and a balanced diet 4. Factors affecting food choice 7. Menu and action planning for completed dishes

Task 3 (b): Preparing and cooking a two-course menu Content areas assessed: 1. Health and safety relating to food, nutrition and the environment 5. Preparation and cooking skills

Task 3 (c) Evaluating a two-course meal

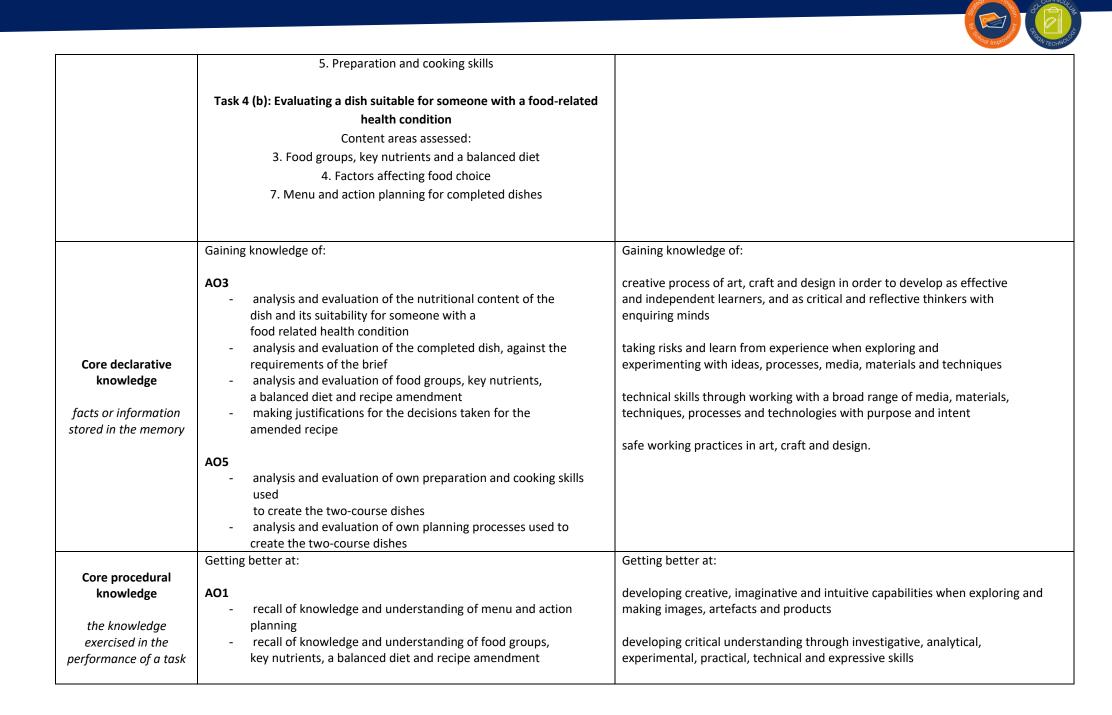
Content areas assessed: 1. Health and safety relating to food, nutrition and the cooking environment 2. Food legislation and food provenance 3. Food groups, key nutrients and a balanced diet 4. Factors affecting food choice 5. Food preparation and cooking skills 7. Menu and action planning for completed dishes **Task 4 (a): Preparing and cooking a dish suitable for someone with a** food-health related condition. Content areas assessed: 1. Health and safety relating to food, nutrition and the cooking environment

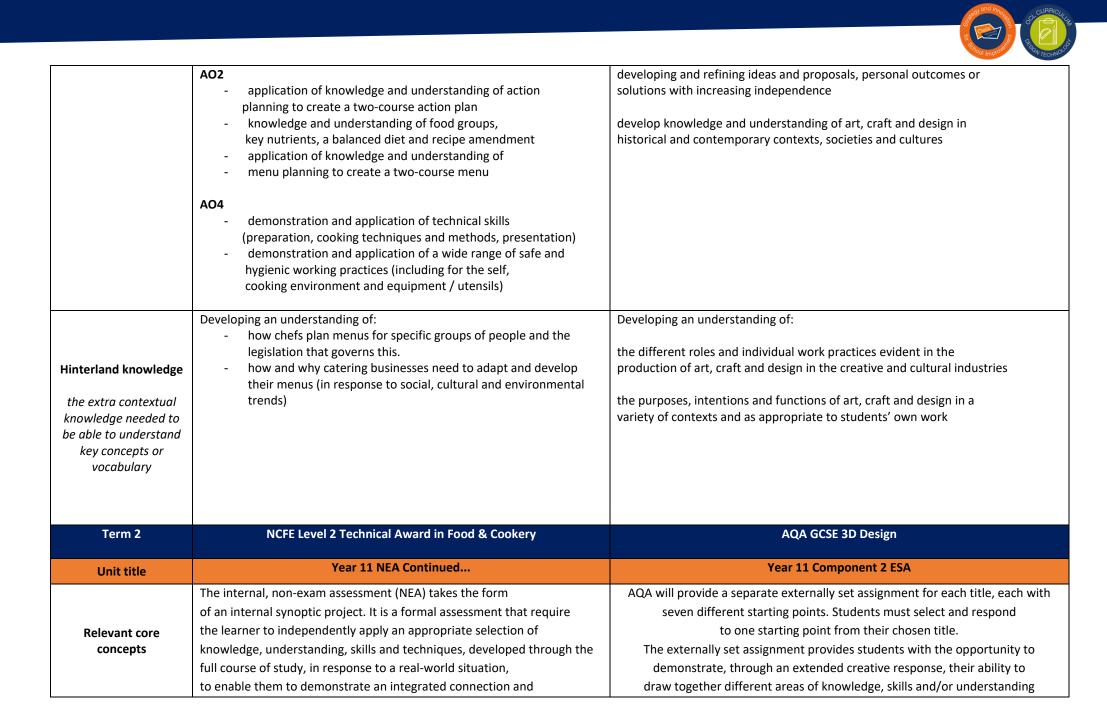
3. Food groups, key nutrients and a balanced diet

use 3D techniques and processes, appropriate to students' personal

intentions, for example:

- model making
- constructing
- surface treatment
 - assembling
 - modelling







	coherence between the different elements of the qualification.	in response to their selected starting point.
	AO1 Recall knowledge and show understanding: The emphasis here is	
	for learners to recall and communicate the	
	fundamental elements of knowledge and understanding.	
	AO2 Apply knowledge and understanding:	
	The emphasis here is for learners to apply their knowledge and	
	understanding to real-world contexts and novel situations.	
	AO3 Analyse and evaluate knowledge and understanding:	
	The emphasis here is for learners to develop analytical thinking skills to	
	make reasoned judgements and reach conclusions.	
	AO4 Demonstrate and apply relevant technical skills, techniques,	
	and processes:	
	The emphasis here is for learners to demonstrate the essential	
	technical skills relevant to the vocational sector, by applying the	
	appropriate processes, tools, and techniques	
	AO5 Analyse and evaluate the demonstration of relevant skills and	
	techniques, and processes:	
	The emphasis here is for learners to analyse and evaluate the	
	essential technical skills, processes, tools and techniques relevant to	
	the vocational sector.	
	Task 1: Amending a recipe	
	Content areas assessed: 3. Food groups, key nutrients and a balanced diet	3D Design Knowledge
	6. Recipe development	how sources relate to historical, contemporary, cultural, social,
		environmental and creative contexts
	Task 2 (a): Preparing and cooking an amended recipe	
ndicative knowledge	Content areas assessed: 1. Health and safety relating to food, nutrition	how ideas, feelings, forms, and purposes can generate responses that
indicative knowledge	and the environment	address specific needs be these personal or determined by external
	5. Preparation and cooking skills	factors such as the requirements of an individual client's expectations,
		needs of an intended audience or details of a specific commission.
	Task 2 (b): Evaluating an amended recipe	
	Content areas assessed:	3D Design Practical Skills
	2. Food legislation and food provenance	use 3D techniques and processes, appropriate to students' personal



intentions, for example:

- model making
 - constructing
- surface treatment
 - assembling
 - modelling

3. Food groups, key nutrients and a balanced diet5. Preparation and cooking skills6. Recipe development

Task 3 (a): Menu and action planning for a two-course meal Content areas assessed: 1. Health and safety relating to food, nutrition and the environment 3. Food groups, key nutrients and a balanced diet 4. Factors affecting food choice 7. Menu and action planning for completed dishes

Task 3 (b): Preparing and cooking a two-course menu Content areas assessed: 1. Health and safety relating to food, nutrition and the environment 5. Preparation and cooking skills

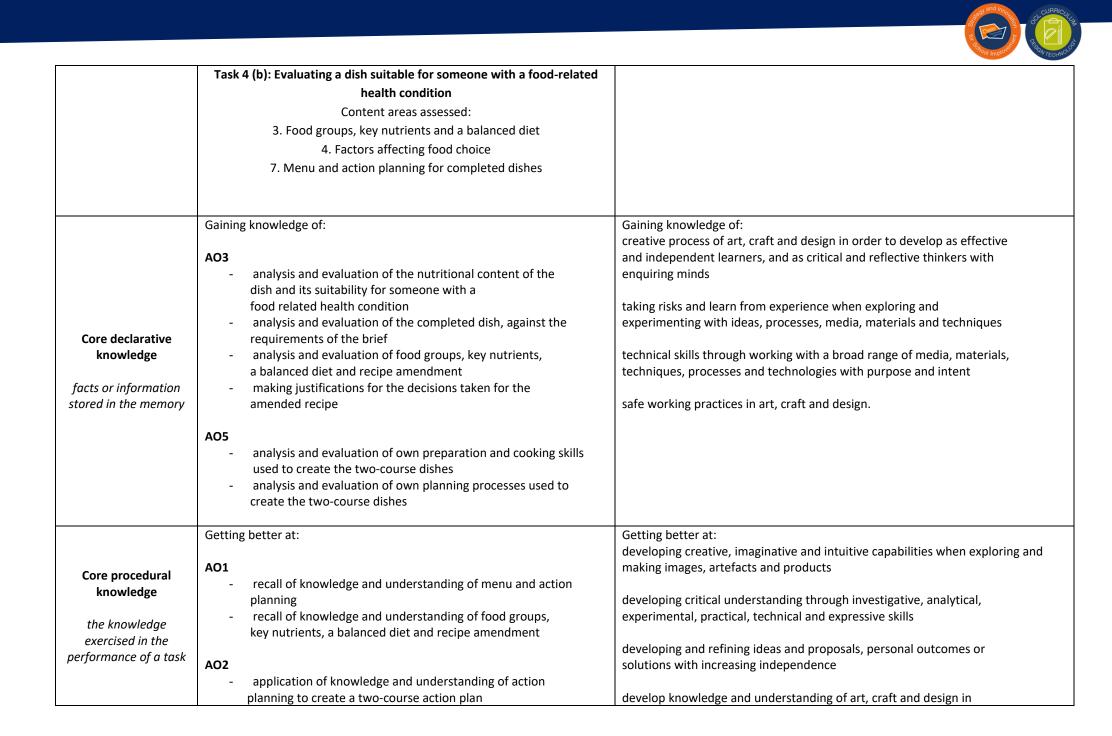
> Task 3 (c) Evaluating a two-course meal Content areas assessed:

- 2. Health and safety relating to food, nutrition and the cooking environment
 - 2. Food legislation and food provenance
- 3. Food groups, key nutrients and a balanced diet
 - 4. Factors affecting food choice
 - 5. Food preparation and cooking skills
- 7. Menu and action planning for completed dishes

Task 4 (a): Preparing and cooking a dish suitable for someone with a food-health related condition.

Content areas assessed: 1. Health and safety relating to food, nutrition and the cooking environment 3. Food groups, key nutrients and a balanced diet

5. Preparation and cooking skills





	 knowledge and understanding of food groups, key nutrients, a balanced diet and recipe amendment application of knowledge and understanding of menu planning to create a two-course menu AO4 demonstration and application of technical skills (preparation, cooking techniques and methods, presentation) demonstration and application of a wide range of safe and hygienic working practices (including for the self, cooking environment and equipment / utensils) 	historical and contemporary contexts, societies and cultures
Hinterland knowledge the extra contextual knowledge needed to be able to understand key concepts or vocabulary	 Developing an understanding of: how chefs plan menus for specific groups of people and the legislation that governs this. how and why catering businesses need to adapt and develop their menus (in response to social, cultural and environmental trends) 	Developing an understanding of: the different roles and individual work practices evident in the production of art, craft and design in the creative and cultural industries the purposes, intentions and functions of art, craft and design in a variety of contexts and as appropriate to students' own work
Term 3	NCFE Level 2 Technical Award in Food & Cookery	AQA GCSE 3D Design
Unit title	Year 11 Written Exam Revision	Year 11 Completion of ESA & Final Assessment
Relevant core concepts	Health and safety relating to food, nutrition and the cooking environment Food legislation and food provenance Food groups, key nutrients and a balanced diet Factors affecting food choice Food preparation, cooking skills and techniques Recipe amendment, development and evaluation Menu and action planning for completed dishes	AQA will provide a separate externally set assignment for each title, each with seven different starting points. Students must select and respond to one starting point from their chosen title. The externally set assignment provides students with the opportunity to demonstrate, through an extended creative response, their ability to draw together different areas of knowledge, skills and/or understanding in response to their selected starting point.



	Health and safety relating to food, nutrition and the	
	cooking environment	
	Safe and hygienic working practices relating to the individual and the cooking environment	how sources relate t environ
	Potential hazards and risks in the cooking environment	
	Hazard Analysis and Critical Control Point (HACCP)	how ideas, feelings, forr
	Minimising risk in the cooking environment	address specific needs
	Safe and hygienic working practices when using cooking	factors such as the requi
	equipment and utensils	needs of an intended a
	Food legislation and food provenance	
	The Food Standards Agency (FSA) and food safety legislation	31
	Food provenance Grown Reared Caught	use 3D techniques and
	Food transportation	i
	Food processing	
	Why food is processed	
	Advantages of processed food	
Indiantica lun accia dan	Disadvantages of processed food	
Indicative knowledge	Food manufacturing	
	Why food is manufactured	
	Advantages of manufactured food	
	Disadvantages of manufactured food	
	Food groups, key nutrients and a balanced diet	
	Food groups	
	The components of a balanced diet	
	Proportions of the food groups	
	UK government healthy eating tips	
	Nutrients	
	Sources and functions of macronutrients	
	Sources and functions of micronutrients	
	Sources and functions of minerals	
	Sources and functions of water	
	Nutrient imbalances	
	Fibre	
	Nutritional requirements for different groups of people	

3D Design Knowledge

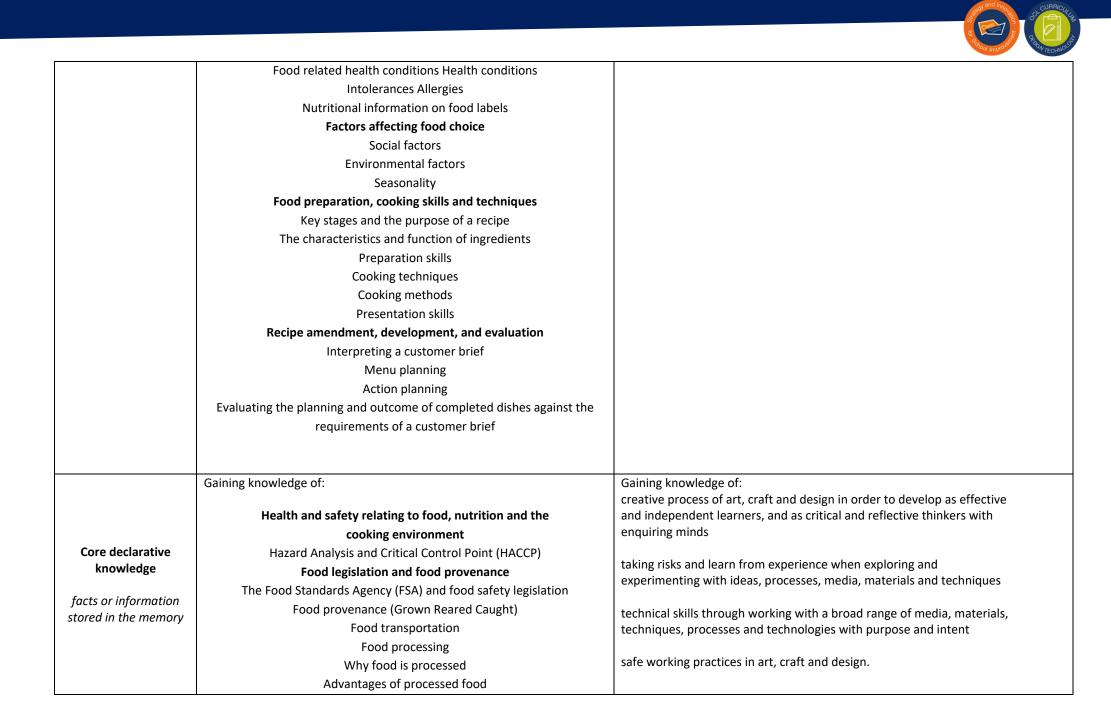
how sources relate to historical, contemporary, cultural, social, environmental and creative contexts

how ideas, feelings, forms, and purposes can generate responses that address specific needs be these personal or determined by external factors such as the requirements of an individual client's expectations, needs of an intended audience or details of a specific commission.

BD Design Practical Skills

use 3D techniques and processes, appropriate to students' personal intentions, for example:

- model making
- constructing
- surface treatment
 - assembling
 - modelling



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	Disadvantages of processed food	
	Food manufacturing	
	Why food is manufactured	
	Advantages of manufactured food	
	Disadvantages of manufactured food	
	Food groups, key nutrients and a balanced diet	
	Food groups	
	The components of a balanced diet	
	Proportions of the food groups	
	UK government healthy eating tips	
	Nutrients	
	Sources and functions of macronutrients	
	Sources and functions of micronutrients	
	Sources and functions of minerals	
	Sources and functions of water	
	Nutrient imbalances	
	Fibre	
	Nutritional requirements for different groups of people	
	Food related health conditions Health conditions	
	Intolerances Allergies	
	Nutritional information on food labels	
	Factors affecting food choice	
	Social factors	
	Environmental factors	
	Seasonality	
	Getting better at:	Getting better at:
Core procedural	Health and safety relating to food, nutrition and the	developing creative, imaginative and intuitive capabilities when exploring and making images, artefacts and products
knowledge	cooking environment	
the knowledge	Safe and hygienic working practices relating to the individual and the	developing critical understanding through investigative, analytical,
exercised in the	cooking environment	experimental, practical, technical and expressive skills
performance of a task	Potential hazards and risks in the cooking environment	developing and refining ideas and proposals, personal outcomes or
	Minimising risk in the cooking environment	solutions with increasing independence

