



# OCL Dance Curriculum: Long Term Plan 2023-24 Oasis Academy Lord's Hill

## **Brief overview**

# **Year 7 Dance**

# **Around the World**

In Year 7, dance appears on the creative carousel. Students have 1 hour of Dance per week, for 9 weeks. Students are also offered an extra-curricular dance club called Elevate Dance Company and students will have the opportunity to audition dance pieces for the School Performing Arts Showcase.

Year 7, students will be given the opportunity to experience and perform in a range of different dance styles including Bollywood, South-East Asian Dance, Capoeira, The Haka & Irish Dance. Students will develop basic performance, choreography and dance appreciation skills. Students will be introduced to the 8 basic dance actions and taught movement motifs in each dance style. Students will then have the opportunity to develop these motifs, by using various choreographic skills, to create their own choreography. Students will perform and provide feedback after each lesson.

## Core skills

#### Performance skills

- Demonstrate a basic understanding and practical appreciation of physical skills; balance, posture, alignment, flexibility, mobility, coordination, strength, stamina, extension, control, isolation
- Demonstrate a basic understanding and practical appreciation of expressive skills; focus, facial expressions, spatial awareness, projection, phrasing, sensitivity to other dancers, musicality, communication of choreographic intent.
  - Demonstrate a basic understanding and practical appreciation of technical skills; actions, space, dynamics, relationships, timing, style, rhythm
  - Demonstrate a basic understanding and practical appreciation of mental skills; confidence, commitment, concentration, movement memory, rehearsal discipline

#### **Choreographic Skills**

- Demonstrate a basic understanding and practical appreciation of actions; jump, turn, balance, travel, floor work, gesture, transference of weight, change of body part.
  - Demonstrate a basic understanding and practical appreciation of dynamic content; fast/slow
  - Demonstrate a basic understanding and practical appreciation of spatial content; pathways, levels, directions
    - Demonstrate a basic understanding and practical appreciation relationship content; formations, action & reaction, lead & follow
  - Demonstrate a basic understanding and practical appreciation of choreographic processes; generating, selecting, developing, structuring
    - Demonstrate a basic understanding and practical appreciation of choreographic devices; repetition, unison, canon

Leadership – Students will demonstrate good communication skills and will be able to work confidently within a team.

**Teamwork** - Develop the social skills required to work effectively alongside one another demonstrating respect and an awareness of others' feelings and emotions.

Analytical/evaluation skills – Identify strengths and areas for improvement within performances.

**Creativity**- Using initiative and imagination to create movement ideas in the style of dance.

Responsibility - Work independently and recognise the consequences of actions and behaviours in sport and physical activity.

**Communication** - Communicate effectively with peers using verbal and non-verbal methods.

	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7	Lesson 8	Lesson 9
Title of Lesson	Bollywood	South-East Asian Dance	Capoeira	The Haka	Irish Dance	Theory Assessment & Choreography	Choreography	Performance	Reflect & Develop
Core Knowledge	<ul> <li>Actions- Jump, turn, travel</li> <li>Movement Motif</li> <li>Choreographic device- Unison</li> </ul>	- Actions- Hastas; use of gesture & balance - Space- levels	<ul> <li>Actions- transference of weight</li> <li>Working with a partner (H&amp;S)</li> <li>Dance Relationship- Action &amp; reaction</li> </ul>	<ul> <li>Actions- floor work, change body part</li> <li>Relationships- formation, lead and follow</li> </ul>	<ul> <li>Space- pathways &amp; directions</li> <li>Choreographic Device- Canon &amp; repetition</li> </ul>	- Choreographic devices- generating, selecting, developing, structuring	<ul><li>Dynamics fast/slow</li><li>Timing</li></ul>	- Confidence - Posture - Facial expressions - Coordination	- Responding to feedback - Rehearsal Discipline
Assessment	Peer/Self Assessment	Homework	Peer/ Self Assessment	Response marking Homework	Peer/Self Assessment	Theory Assessment Homework	Response Marking	Practical Assessment Homework	Response Marking





# **Y8** Dance

# **Pirates of the Caribbean**

In Year 8, dance appears on the creative carousel. Students have 1 hour of Dance per week, for 9 weeks. Students are also offered an extra-curricular dance club called Elevate Dance Company and students will have the opportunity to audition dance pieces for the School Performing Arts Showcase.

In Year 8, students are given the opportunity to choreograph their own dance in response to a piece of music. Their choreographic intention is inspired by the film Pirates of the Caribbean and the theme song from the soundtrack.

Students will build on their knowledge of performance and choreographic skills from year 7 by working with a group to create their own dance. Students will be taught a main movement phrase which they will develop using a variety of skills & techniques. Students will perform and provide feedback after each lesson.

# Core skills

### Performance skills

- Demonstrate a developed understanding and practical appreciation of physical skills; balance, posture, alignment, flexibility, mobility, coordination, strength, stamina, extension, control, isolation
- Demonstrate a developed understanding and practical appreciation of expressive skills; focus, facial expressions, spatial awareness, projection, phrasing, sensitivity to other dancers, musicality, communication of choreographic intent.
  - Demonstrate a developed understanding and practical appreciation of technical skills; actions, space, dynamics, relationships, timing, style, rhythm
- Demonstrate a developed understanding and practical appreciation of mental skills; confidence, commitment, concentration, movement memory, systematic repetition, rehearsal discipline, capacity to improve, responding to feedback

## **Choreographic Skills**

- Demonstrate a developed understanding and practical appreciation of actions; jump, turn, balance, travel, floor work, gesture, transference of weight, change of body part.
  - Demonstrate a developed understanding and practical appreciation of dynamic content; fast/slow, flow/abrupt
  - Demonstrate a developed understanding and practical appreciation of spatial content; pathways, levels, directions
  - Demonstrate a developed understanding and practical appreciation relationship content; formations, action & reaction, lead & follow, contact
  - Demonstrate a developed understanding and practical appreciation of choreographic processes; generating, selecting, developing, structuring, refining
    - Demonstrate a developed understanding and practical appreciation of structuring devices; beginning, middle, end
- Demonstrate a developed understanding and practical appreciation of choreographic devices; repetition, unison, canon, motif development, manipulation of number

Leadership – Students will demonstrate good communication skills and will be able to work confidently within a team.

**Teamwork** - Develop the social skills required to work effectively alongside one another demonstrating respect and an awareness of others' feelings and emotions.

**Analytical/evaluation skills** – Identify strengths and areas for improvement within performances.

**Creativity**- Using initiative and imagination to create movement ideas in the style of dance.

**Responsibility** - Work independently and recognise the consequences of actions and behaviours in sport and physical activity.

**Communication** - Communicate effectively with peers using verbal and non-verbal methods.

	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7	Lesson 8	Lesson 9
Title of Lesson	Set Dance	Choreographic Devices	Creating a Lift	Fight scene	Dynamics	Ending	Rehearsal & Theory	Practical Assessment	Reflect & Develop
							Assessment		
Core Knowledge	<ul><li>Expectations</li><li>Physical Skills;</li></ul>	- Unison - Canon	- Health & Safety	- rehearsal discipline	<ul> <li>Dynamics;</li> <li>fast/slow,</li> </ul>	<ul> <li>generating,</li> <li>selecting,</li> </ul>	- Spatial Content;	<ul><li>Confidence</li><li>Spatial</li></ul>	<ul> <li>Responding to feedback</li> </ul>
	control, extension & mobility. - Rehearse & Formation	- Repetition - Motif Development	- Expressive skills- spatial awareness & sensitivity to others	- Dance Relationships- contact, action & reaction	flow/abrupt	developing, structuring - Musicality	pathways, levels, directions - Checklist	Awareness - control, - extension - mobility - musicality	Rehearsal Discipline
Assessment	Teacher Assessment	Homework	- Peer/ Self	Posnonso marking	Teacher Assessment	Homework	Self Assessment	·	Posnonso Marking
Assessment	reacher Assessment	Peer Assessment	- Peer/ Seil Assessment	Response marking Homework	Peer/Self Assessment	Homework	Teacher Assessment	Response Marking Homework	Response Marking Teacher Assessment





# Y9 Dance

# **Contact Duets**

In Year 9, dance appears on the creative carousel. Students have 1 hour of Dance per week, for 9 weeks. Students are also offered an extra-curricular dance club called Elevate Dance Company and students will have the opportunity to audition dance pieces for the School Performing Arts Showcase.

In Year 9, students work with a partner to choreograph their own duet that focuses on the use of lifts and contact work. Students will use professional dance works as a stimulus and focus on developing their trust and connection with their partner.

Students will build on their knowledge of performance and choreographic skills from year 8 and develop their analysis skills of a professional work. Students will be taught key contact movements & lifts which they can develop using a variety of skills & techniques.

Students will perform and provide feedback after each lesson.

# **Core skills**

## Performance skills

- Demonstrate an adequate understanding and practical appreciation of physical skills; balance, posture, alignment, flexibility, mobility, coordination, strength, stamina, extension, control, isolation
- Demonstrate an adequate understanding and practical appreciation of expressive skills; focus, facial expressions, spatial awareness, projection, phrasing, sensitivity to other dancers, musicality, communication of choreographic intent.

   Demonstrate an adequate understanding and practical appreciation of technical skills; actions, space, dynamics, relationships, timing, style, rhythm
- Demonstrate an adequate understanding and practical appreciation of mental skills; confidence, commitment, concentration, movement memory, systematic repetition, rehearsal discipline, capacity to improve, responding to feedback

## **Choreographic Skills**

- Demonstrate an adequate understanding and practical appreciation of actions; jump, turn, balance, travel, floor work, gesture, transference of weight, change of body part.
  - Demonstrate an adequate understanding and practical appreciation of dynamic content; fast/slow, flow/abrupt, sudden/sustained
  - Demonstrate an adequate understanding and practical appreciation of spatial content; pathways, levels, directions, size of movement
  - Demonstrate an adequate understanding and practical appreciation relationship content; formations, action & reaction, lead & follow, contact, mirroring
    - Demonstrate an adequate understanding and practical appreciation of choreographic processes; generating, selecting, developing, structuring, refining
      - Demonstrate an adequate understanding and practical appreciation of structuring devices; transitions, beginning, middle, end
- Demonstrate an adequate understanding and practical appreciation of choreographic devices; repetition, unison, canon, motif development, manipulation of number, contrast

Leadership – Students will demonstrate good communication skills and will be able to work confidently within a partnership

**Teamwork** - Develop the social skills required to work effectively alongside one another demonstrating respect and an awareness of others' feelings and emotions.

Analytical/evaluation skills - Identify strengths and areas for improvement within professional and student performances. Epxlain what is successful/unsuccessful about a professional, student and self performance.

Creativity- Using initiative and imagination to create contact movement ideas and lifts.

**Responsibility** – Respond the health & safety procedures and recognise the consequences of actions and behaviours in physical activity.

**Communication** - Communicate effectively with peers using verbal and non-verbal methods.

	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7	Lesson 8	Lesson 9
Title of Lesson	Building Trust	Creating Choreography	Using a professional work as a stimulus	Dance Relationships	Choreographic Devices	Developing Choreography	Developing Choreography	Practical Assessment	Reflect & Develop
Core Knowledge	- Communication - Contact - Relationships Physical skills	- Contact Work - Lifting	- Emancipation of Expressionism repertoire - Choreographic Intention	- Formations - action & reaction - lead & follow - mirroring	- repetition, - unison, - canon, - motif development, - manipulation of number, contrast	Transitions using actions & spatial content; - Pathways - levels, - directions, - size of movement	Dynamics - fast/slow, - flow/abrupt, - sudden/sustained	Response marking to theory assessment Physical Skills; - strength, - control, - coordination, - balance Expressive skills; - communication of intent, - spatial awareness, - sensitivity to others	Rehearsal Discipline  Responding to feedback  Capacity to improve
Assessment	Teacher Assessment Peer/Self Assessment	Homework Teacher Assessment	Teacher Assessment Peer/Self Assessment	Homework & Response Marking	Teacher Assessment Peer/Self Assessment	Homework Teacher Assessment	Theory Assessment	Practical Assessment Response Marking (Self	Response Marking Teacher Assessment
		Peer/Self Assessment		Teacher Assessment Peer/Self Assessment		Peer/Self Assessment		Assessment) Homework	Peer/Self Assessmer





# Y10 GCSE Dance

In Year 10 students are introduced to the AQA GCSE Dance qualification- Components 1 and 2 which involves performance, choreography and appreciation.

In KS4, the GCSE dance course allows students to perform individually and as a group. Students will create their own choreography in response to a stimulus. They study 6 different professional works and learn how these dances are made and how they communicate the choreographic intention using movement and production features (set, costume, music & lighting).

In Year 10, students have 3 hours of Dance a week. Lessons will be a combination of theory and practical. Students are offered intervention sessions after school and are invited to perform in the extra- curricular dance club called Elevate Dance Company. Students will be expected to perform their GCSE work in the annual School Performing Arts Showcase.

Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Unit title	<ul> <li>Component 2- Safe Studio         Practise and 'Healthy             Dancers'     </li> <li>Component 1- Learn Set             Solo 1 (Breathe)</li> </ul>	<ul> <li>Component 2- Study of the Professional Work Shadows by Christopher Bruce</li> <li>Component 1- Learn Set Solo 2 (Shift)</li> </ul>	<ul> <li>Component 2- Study of the Professional Work         Emancipation of         Expressionism by Kenrick H20         Sandy     </li> <li>Component 1- Learn         Performance in a duo/trio     </li> </ul>	<ul> <li>Component 2- Study of the Professional Work Within Her Eyes by James Cousins</li> <li>Component 1- Learn Performance in a duo/trio</li> </ul>	<ul> <li>Component 2-Study of the Professional Work A Linha Curva by Itzik Galili</li> <li>Component 1- Choreography Mock</li> </ul>	<ul> <li>Component 2 Written         Exam preparation and         practise (Sections A, B &amp; C)</li> <li>End of Year Component 2         Exam- 1 hr 30 mins written         exam</li> <li>Component 1-         Choreography Mock</li> </ul>
Assessment	<ul> <li>Summative Safe studio practise Mock Exam</li> <li>Summative Breathe Mock Performance Exam</li> </ul>	<ul> <li>Summative Shadows Mock         Exam</li> <li>Summative Shift Mock         Performance Exam</li> </ul>	Summative Emancipation of     Expressionism Mock Exam	<ul> <li>Summative Within Her         Eyes Mock Exam</li> <li>Summative Performance         in a Duo/Trio Mock Exam</li> </ul>	Summative A Linha Curva     Mock Exam	<ul> <li>Summative Mock Written         <ul> <li>Exam at the end the year</li> </ul> </li> <li>Summative Choreography         <ul> <li>Mock Exam</li> </ul> </li> </ul>
Core knowledge	- Choreographic Skills- Actions, Space, Dynamics, Relationships, Choreographic Devices, Structuring Devices, Choreographic Processes, Performance Environment (*proscenium arch *end stage *site-sensitive *in-the- round.) & Communication of Choreographic Intent. Aural settings: - *song *instrumental - *orchestral *spoken word *silence *natural sound *found sound *body percussion Effects on choreographic outcomes: *mood and atmosphere *contrast and variety *structure *relationship to theme/idea Performance Skills - physical, expressive, technical & mental,	- Choreographic Skills- Actions, Space, Dynamics, Relationships, Choreographic Devices, Structuring Devices, Choreographic Processes, Aural Settings, Performance Environment & Communication of Choreographic Intent - Performance Skills - physical, expressive, technical & mental, - Safe working practises during process & performance will focus on the student's ability to demonstrate application of: -physical skills and attributes safely during performance -technical skills accurately and safely during performance -expressive skills -mental skills and attributes during performance.	- Choreographic Skills- Actions, Space, Dynamics, Relationships, Choreographic Devices, Structuring Devices, Choreographic Processes, Aural Settings, Performance Environment & Communication of Choreographic Intent - Performance Skills - physical, expressive, technical & mental, - Safe working practises during process & performance  Assessment of the duet/trio performance will focus on each students' ability to demonstrate application of:  • physical skills and attributes safely during performance • technical skills accurately and safely during performance • expressive skills • mental skills and attributes during performance.	Solo or group choreography – a solo (two to two and a half minutes) or a group dance for two to five dancers (three to three and a half minutes) which:  •includes a chosen aural setting •can be in any style or style fusion(s) (as long as it meets the assessment criteria) •communicates their own chosen choreographic intention. To create their own dance, students must know, understand and be able to apply the following, as appropriate to their choreography:  - Actions, - Space, - Dynamics, - Relationships, - Choreographic Devices, - Structuring Devices, - Choreographic Processes, - Aural Settings, - Performance Environment	Through written communication and use of appropriate terminology, students must be able to critically analyse, interpret and evaluate their own work in performance and choreography and demonstrate their knowledge and understanding of professional practice in the six set works in the GCSE Dance Anthology.  Knowledge and understanding of choreographic processes and performing skills  Critical appreciation of own work  Critical appreciation of professional works  To critically appreciate their own performance and choreography, through describing, analysing, interpreting, evaluating and reflecting, students must know and understand:	Through written communication and use of appropriate terminology, students must be able to critically analyse, interpret and evaluate their own work in performance and choreography and demonstrate their knowledge and understanding of professional practice in the six set works in the GCSE Dance Anthology.  Knowledge and understanding of choreographic processes and performing skills  Critical appreciation of own work  Critical appreciation of professional works  To critically appreciate their own performance and choreography, through describing, analysing, interpreting, evaluating and reflecting, students must know and understand:





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	- Safe working practises during process & performance  Assessment of the solo performance will focus on the student's ability to demonstrate application of: • physical skills and attributes safely during performance • technical skills accurately and safely during performance • expressive skills • mental skills and attributes during performance.			- Communication of Choreographic Intent	<ul> <li>the meaning of the relevant performance terminology</li> <li>the contribution of performance to audience understanding of the choreographic intent of the work being performed including the mood(s), meaning(s), idea(s), theme(s) and/or style/style fusion(s).</li> <li>the meaning of relevant choreography terminology</li> <li>the contribution of choreography to audience understanding of the choreographic intent of the work including the mood(s), meaning(s), idea(s), theme(s) and/or style/style fusion(s)</li> </ul>	<ul> <li>the meaning of the relevant performance terminology</li> <li>the contribution of performance to audience understanding of the choreographic intent of the work being performed including the mood(s), meaning(s), idea(s), theme(s) and/or style/style fusion(s).</li> <li>the meaning of relevant choreography terminology</li> <li>the contribution of choreography to audience understanding of the choreographic intent of the work including the mood(s), meaning(s), idea(s), theme(s) and/or style/style fusion(s)</li> </ul>
					The GCSE Dance Anthology provides the focus for learning how to critically appreciate professional set works. The anthology contains the following professional set works:	The GCSE Dance Anthology provides the focus for learning how to critically appreciate professional set works. The anthology contains the following professional set works:
					<ul> <li>Artificial Things by Lucy Bennett</li> <li>A Linha Curva by Itzik Galili</li> <li>Infra by Wayne McGregor</li> <li>Shadows by Christopher Bruce</li> <li>Within Her Eyes by James Cousins</li> <li>Emancipation of Expressionism by Kenrich H20 Sandy</li> </ul>	<ul> <li>Artificial Things by Lucy Bennett</li> <li>A Linha Curva by Itzik Galili</li> <li>Infra by Wayne McGregor</li> <li>Shadows by Christopher Bruce</li> <li>Within Her Eyes by James Cousins</li> <li>Emancipation of Expressionism by Kenrich H20 Sandy</li> </ul>
Core Skills	<ul> <li>Physical skills &amp; attributes; balance, posture, alignment, flexibility, mobility, coordination, strength, stamina, extension, control, isolation</li> <li>Expressive skills &amp; attributes; focus, facial</li> </ul>	<ul> <li>Physical skills &amp; attributes; balance, posture, alignment, flexibility, mobility, coordination, strength, stamina, extension, control, isolation</li> <li>Expressive skills &amp; attributes ; focus, facial expressions,</li> </ul>	<ul> <li>Physical skills &amp; attributes;         balance, posture, alignment,         flexibility, mobility,         coordination, strength,         stamina, extension, control,         isolation</li> <li>Expressive skills &amp; attributes         ; focus, facial expressions,</li> </ul>	<ul> <li>Actions; jump, turn, balance, travel, floor work, gesture, transference of weight, change of body part.</li> <li>Dynamic content; fast/slow, sudden/sustained,</li> </ul>	Students must study <b>all six</b> works in their entirety and be prepared to describe, analyse, interpret, evaluate and reflect on the works in response to short answer and extended writing questions.  Features of Production	Students must study <b>all six</b> works in their entirety and be prepared to describe, analyse, interpret, evaluate and reflect on the works in response to short answer and extended writing questions.  Features of Production





- expressions, spatial awareness, projection, phrasing,
- Technical skills; actions, space, dynamics, relationships, timing, style, rhythm
- Mental skills; confidence, commitment, concentration, movement memory, rehearsal discipline, systematic repetition mental rehearsal, rehearsal discipline, planning of rehearsal, response to feedback, capacity to improve.
- Actions; jump, turn, balance, travel, floor work, gesture, transference of weight, change of body part.
- Dynamic content; fast/slow, sudden/sustained, acceleration/deceleration, strong/light, direct/indirect, flowing/abrupt
- Spatial content; pathways, levels, directions, size of movement, patterns, spatial design
- Relationship content; formations, action & reaction, lead & follow, mirroring, accumulation, complement/contrast, counterpoint, contact
- Choreographic processes; researching, improvising, generating, selecting, developing, structuring, refining
- Structuring devices; binary, ternary, rondo, narrative, episodic, beg/mid/end, unity, logical sequence, transitions
- Choreographic devices; repetition, unison, canon, motif development, contrast, highlights, climax, manipulation of number

- spatial awareness, projection, phrasing,
- Technical skills; actions, space, dynamics, relationships, timing, style, rhythm
- Mental skills; confidence, commitment, concentration, movement memory, rehearsal discipline, systematic repetition mental rehearsal, rehearsal discipline, planning of rehearsal, response to feedback, capacity to improve.
- Actions; jump, turn, balance, travel, floor work, gesture, transference of weight, change of body part.
- Dynamic content; fast/slow, sudden/sustained, acceleration/deceleration, strong/light, direct/indirect, flowing/abrupt
- Spatial content; pathways, levels, directions, size of movement, patterns, spatial design
- Relationship content; formations, action & reaction, lead & follow, mirroring, accumulation, complement/contrast, counterpoint, contact
- Choreographic processes;
   researching, improvising,
   generating, selecting,
   developing, structuring,
   refining
- Structuring devices; binary, ternary, rondo, narrative, episodic, beg/mid/end, unity, logical sequence, transitions
- repetition, unison, canon, motif development, contrast, highlights, climax, manipulation of number

- spatial awareness, projection, phrasing, sensitivity to other dancers, musicality, communication of choreographic intent.
- Technical skills; actions, space, dynamics, relationships, timing, style, rhythm
- Mental skills; confidence, commitment, concentration, movement memory, rehearsal discipline, systematic repetition mental rehearsal, rehearsal discipline, planning of rehearsal, response to feedback, capacity to improve
- Actions; jump, turn, balance, travel, floor work, gesture, transference of weight, change of body part.
- Dynamic content; fast/slow, sudden/sustained, acceleration/deceleration, strong/light, direct/indirect, flowing/abrupt
- Spatial content; pathways, levels, directions, size of movement, patterns, spatial design
- Relationship content; formations, action & reaction, lead & follow, mirroring, accumulation, complement/contrast, counterpoint, contact
- Choreographic processes; researching, improvising, generating, selecting, developing, structuring, refining
- Structuring devices; binary, ternary, rondo, narrative, episodic, beg/mid/end, unity, logical sequence, transitions
- Choreographic devices; repetition, unison, canon, motif development, contrast,

- acceleration/deceleration, strong/light, direct/indirect, flowing/abrupt
- Spatial content; pathways, levels, directions, size of movement, patterns, spatial design
- Relationship content; formations, action & reaction, lead & follow, mirroring, accumulation, complement/contrast, counterpoint, contact
- Choreographic processes; researching, improvising, generating, selecting, developing, structuring, refining
- Structuring devices;
   binary, ternary, rondo,
   narrative, episodic,
   beg/mid/end, unity,
   logical sequence,
   transitions
- Choreographic devices; repetition, unison, canon, motif development, contrast, highlights, climax, manipulation of number

**Leadership** – Students will

demonstrate good
communication skills and will be
able to work confidently, making
decision suitable for their
solo/group choreography..

Teamwork - Develop the social
skills required to provide peer
feedback effectively alongside
one another demonstrating
respect and an awareness of
others' feelings and emotions.

Analytical/evaluation skills —
Identify strengths and areas for
improvement within
performances & choreographic

processes.

- staging/set eg projection, furniture, structures, backdrop, screens and features of these such as colour, texture, shape, decoration, materials
- lighting eg colour, placement, direction, angles etc
- properties eg size, shape, materials, how used etc
- costume (including footwear, masks, make-up and accessories): features such as colour, texture, material, flow, shape, line, weight, decoration and how they define character or gender, identify dancers, enhance or sculpt the body and enhance the action
- dancers (number, gender)
- aural settings eg song, instrumental, orchestral, spoken word, silence, natural sound, found sound, body percussion, style, structure and musical elements such as tone, pitch and rhythm
- dance for camera eg placement, angle, proximity, special effects.

## Choreographic skills including;

- Choreographic approaches,
- choreographic content,
- choreographic intent,
- Actions,
- Space,
- Dynamics,
- Relationships,
- Choreographic processes,
- choreographic devices,
- structuring devices

# Performance Skills

- Physical
- Technical

- staging/set eg projection, furniture, structures, backdrop, screens and features of these such as colour, texture, shape, decoration, materials
- lighting eg colour, placement, direction, angles etc
- properties eg size, shape, materials, how used etc
- costume (including footwear, masks, make-up and accessories): features such as colour, texture, material, flow, shape, line, weight, decoration and how they define character or gender, identify dancers, enhance or sculpt the body and enhance the action
- dancers (number, gender)
- aural settings eg song, instrumental, orchestral, spoken word, silence, natural sound, found sound, body percussion, style, structure and musical elements such as tone, pitch and rhythm
- dance for camera eg placement, angle, proximity, special effects.

# Choreographic skills including;

- Choreographic approaches,
- choreographic content,
- choreographic intent,
- Actions,
- Space,
- Dynamics,
- Relationships,
- Choreographic processes,
- choreographic devices,
- structuring devices

**Performance Skills** 





Leadership – Students will demonstrate good communication skills and will be able to work confidently, making decision suitable for their solo/group choreography..

Teamwork - Develop the social skills required to provide peer feedback effectively alongside one another demonstrating respect and an awareness of others' feelings and emotions.

Analytical/evaluation skills —
Identify strengths and areas for
improvement within performances
& choreographic processes.
Creativity- Using initiative and
imagination to create movement
ideas for choreography
Responsibility - Work independently
and recognise the consequences of
actions and behaviours in physical
activity.

**Communication** - Communicate effectively with peers using verbal and non-verbal methods.

Leadership – Students will
demonstrate good communication
skills and will be able to work
confidently, making decision suitable
for their solo/group choreography..
Teamwork - Develop the social skills
required to provide peer feedback
effectively alongside one another
demonstrating respect and an
awareness of others' feelings and
emotions.

Analytical/evaluation skills – Identify strengths and areas for improvement within performances & choreographic processes.

Creativity- Using initiative and

imagination to create movement ideas for choreography **Responsibility -** Work independently and recognise the consequences of

actions and behaviours in physical

activity.

**Communication** - Communicate effectively with peers using verbal and non-verbal methods.

highlights, climax, manipulation of number

Leadership – Students will
demonstrate good communication
skills and will be able to work
confidently, making decision suitable
for their solo/group choreography..
Teamwork - Develop the social skills
required to provide peer feedback
effectively alongside one another
demonstrating respect and an
awareness of others' feelings and
emotions.

Analytical/evaluation skills – Identify strengths and areas for improvement within performances & choreographic processes.

**Creativity**- Using initiative and

imagination to create movement ideas for choreography

Responsibility - Work independently and recognise the consequences of actions and behaviours in physical

**Communication -** Communicate effectively with peers using verbal and non-verbal methods.

activity.

**Creativity**- Using initiative and imagination to create movement ideas for choreography

Responsibility - Work independently and recognise the consequences of actions and behaviours in physical activity.

Communication - Communicate effectively with peers using verbal and non-verbal methods.

- Expressive
- Mental

To critically appreciate professional works through describing, analysing, interpreting, evaluating and reflecting, students must know and understand:

- the similarities and differences between the defining characteristics of each dance (as above)
- the contribution of choreography (as above), performance and features of production to the audience's understanding of the work
- the relationships between choreography, performance and features of production (as above) and the ways in which these have been used together to enhance audience understanding of the choreographic intention
- the purpose or significance of different performance environments in which the dance was created and performed.

- Physical
- Technical
- Expressive
- Mental

To critically appreciate professional works through describing, analysing, interpreting, evaluating and reflecting, students must know and understand:

- the similarities and differences between the defining characteristics of each dance (as above)
- the contribution of choreography (as above), performance and features of production to the audience's understanding of the work
- the relationships between choreography, performance and features of production (as above) and the ways in which these have been used together to enhance audience understanding of the choreographic intention
- the purpose or significance of different performance environments in which the dance was created and performed.





# Y11 GCSE Dance

In Year 11 students will continue learning the subject content for the AQA GCSE Dance qualification - Components 1 and 2 which involves performance, choreography and appreciation.

In KS4, the GCSE dance course allows students to perform individually and as a group. Students will create their own choreography in response to a stimulus. They study 6 different professional works and learn how these dances are made and how they communicate the choreographic intention using movement and production features (set, costume, music & lighting).

In Year 11, students have 3 hours of Dance a week, during tutor time & Identity sessions. Lessons will be a combination of theory and practical. Students are offered intervention sessions after school and are invited to perform in the extra- curricular dance club called

Elevate Dance Company. Students will be expected to perform their GCSE work in the annual School Performing Arts Showcase.

Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Unit title	<ul> <li>Study of the Professional         Work A Linha Curva by Itzik         Galili</li> <li>Choreography task released</li> <li>Component 1 Set solo exam         (Breathe)</li> </ul>	<ul> <li>Study of the Professional         Work Infra by Wayne         McGregor         Choreography.</li> <li>Component 1 Set solo exam         (Shift)</li> </ul>	<ul> <li>Study of the Professional         Work Artificial Things by Lucy         Bennett</li> <li>Choreography</li> <li>Component 1 Performance in         a duo/trio exam</li> </ul>	<ul> <li>Component 1         Choreography Exam     </li> <li>Component 2 Written         Exam preparation and practise (Sections A, B &amp; C)     </li> </ul>	- Component 2 Written Exam preparation and practise (Sections A, B & C)	<ul> <li>Component 2 Written         Exam preparation and practise (Sections A, B &amp; C)     </li> <li>Component 2 1 hr 30 mins written exam</li> </ul>
Assessment	· · · · · · · · · · · · · · · · · · ·	O marks. Set phrases through a solo per ance (three minutes in a dance which is a	formance (approximately one minute in a maximum of five minutes in duration	<ul> <li>Internally marked and externally moderated</li> <li>Choreography 30% of GCSE, 40 marks</li> </ul>	<ul><li>40% of GCSE</li><li>Written exam: 1 hour 30 minutes</li><li>80 marks</li></ul>	
Core knowledge	- Choreographic Skills- Actions, Space, Dynamics, Relationships, Choreographic Devices, Structuring Devices, Choreographic Processes, Performance Environment (*proscenium arch *end stage *site-sensitive *in-the- round.) & Communication of Choreographic Intent. Aural settings: - *song *instrumental - *orchestral *spoken word *silence *natural sound *found sound *body percussion Effects on choreographic outcomes: *mood and atmosphere *contrast and variety *structure *relationship to theme/idea Performance Skills - physical, expressive, technical & mental, - Safe working practises during process & performance	- Choreographic Skills- Actions, Space, Dynamics, Relationships, Choreographic Devices, Structuring Devices, Choreographic Processes, Aural Settings, Performance Environment & Communication of Choreographic Intent - Performance Skills - physical, expressive, technical & mental, - Safe working practises during process & performance Assessment of the solo performance will focus on the student's ability to demonstrate application of: • physical skills and attributes safely during performance • technical skills accurately and safely during performance • expressive skills • mental skills and attributes during performance.	- Choreographic Skills- Actions, Space, Dynamics, Relationships, Choreographic Devices, Structuring Devices, Choreographic Processes, Aural Settings, Performance Environment & Communication of Choreographic Intent - Performance Skills - physical, expressive, technical & mental, - Safe working practises during process & performance  Assessment of the duet/trio performance will focus on each students' ability to demonstrate application of:  • physical skills and attributes safely during performance • technical skills accurately and safely during performance • expressive skills • mental skills and attributes during performance.	Solo or group choreography – a solo (two to two and a half minutes) or a group dance for two to five dancers (three to three and a half minutes) which:  •includes a chosen aural setting •can be in any style or style fusion(s) (as long as it meets the assessment criteria) •communicates their own chosen choreographic intention. To create their own dance, students must know, understand and be able to apply the following, as appropriate to their choreography:  - Actions, - Space, - Dynamics, - Relationships, - Choreographic Devices, - Structuring Devices, - Choreographic Processes, - Aural Settings, - Performance Environment - Communication of Choreographic Intent	Through written communication and use of appropriate terminology, students must be able to critically analyse, interpret and evaluate their own work in performance and choreography and demonstrate their knowledge and understanding of professional practice in the six set works in the GCSE Dance Anthology.  Knowledge and understanding of choreographic processes and performing skills  Critical appreciation of own work  Critical appreciation of professional works  To critically appreciate their own performance and choreography, through describing, analysing, interpreting, evaluating and reflecting, students must know and understand:  • the meaning of the relevant performance terminology	Through written communication and use of appropriate terminology, students must be able to critically analyse, interpret and evaluate their own work in performance and choreography and demonstrate their knowledge and understanding of professional practice in the six set works in the GCSE Dance Anthology.  Knowledge and understanding of choreographic processes and performing skills  • Critical appreciation of own work  • Critical appreciation of professional works  To critically appreciate their own performance and choreography, through describing, analysing, interpreting, evaluating and reflecting, students must know and understand:  • the meaning of the relevant performance terminology





	Assessment of the solo performance will focus on the student's ability to demonstrate application of: •physical skills and attributes safely during performance •technical skills accurately and safely during performance •expressive skills •mental skills and attributes during performance.				<ul> <li>the contribution of performance to audience understanding of the choreographic intent of the work being performed including the mood(s), meaning(s), idea(s), theme(s) and/or style/style fusion(s).</li> <li>the meaning of relevant choreography terminology</li> <li>the contribution of choreography to audience understanding of the choreographic intent of the work including the mood(s), meaning(s), idea(s), theme(s) and/or style/style fusion(s)</li> </ul>	<ul> <li>the contribution of performance to audience understanding of the choreographic intent of the work being performed including the mood(s), meaning(s), idea(s), theme(s) and/or style/style fusion(s).</li> <li>the meaning of relevant choreography terminology</li> <li>the contribution of choreography to audience understanding of the choreographic intent of the work including the mood(s), meaning(s), idea(s), theme(s) and/or style/style fusion(s)</li> </ul>
					The GCSE Dance Anthology provides the focus for learning how to critically appreciate professional set works. The anthology contains the following professional set works:	The GCSE Dance Anthology provides the focus for learning how to critically appreciate professional set works. The anthology contains the following professional set works:
					<ul> <li>Artificial Things by Lucy Bennett</li> <li>A Linha Curva by Itzik Galili</li> <li>Infra by Wayne McGregor</li> <li>Shadows by Christopher Bruce</li> <li>Within Her Eyes by James Cousins</li> <li>Emancipation of Expressionism by Kenrich H20 Sandy</li> </ul>	<ul> <li>Artificial Things by Lucy Bennett</li> <li>A Linha Curva by Itzik Galili</li> <li>Infra by Wayne McGregor</li> <li>Shadows by Christopher Bruce</li> <li>Within Her Eyes by James Cousins</li> <li>Emancipation of Expressionism by Kenrich H20 Sandy</li> </ul>
Core Skills	<ul> <li>Physical skills &amp; attributes;         balance, posture, alignment,         flexibility, mobility,         coordination, strength,         stamina, extension, control,         isolation</li> <li>Expressive skills &amp;         attributes; focus, facial         expressions, spatial         awareness, projection,</li> </ul>	<ul> <li>Physical skills &amp; attributes;         balance, posture, alignment,         flexibility, mobility,         coordination, strength,         stamina, extension, control,         isolation</li> <li>Expressive skills &amp; attributes         ; focus, facial expressions,         spatial awareness,         projection, phrasing,</li> </ul>	<ul> <li>Physical skills &amp; attributes;         balance, posture, alignment,         flexibility, mobility,         coordination, strength,         stamina, extension, control,         isolation</li> <li>Expressive skills &amp; attributes         ; focus, facial expressions,         spatial awareness, projection,         phrasing, sensitivity to other</li> </ul>	<ul> <li>Actions; jump, turn, balance, travel, floor work, gesture, transference of weight, change of body part.</li> <li>Dynamic content; fast/slow, sudden/sustained, acceleration/deceleration, strong/light,</li> </ul>	Students must study all six works in their entirety and be prepared to describe, analyse, interpret, evaluate and reflect on the works in response to short answer and extended writing questions.  Features of Production  staging/set eg projection,	Students must study all six works in their entirety and be prepared to describe, analyse, interpret, evaluate and reflect on the works in response to short answer and extended writing questions.  Features of Production  staging/set eg projection,
	phrasing,	projection, printing,	dancers, musicality,	30 3116/ 115/116/	furniture, structures, backdrop, screens and	furniture, structures, backdrop, screens and





- Technical skills; actions, space, dynamics, relationships, timing, style, rhythm
- Mental skills; confidence, commitment, concentration, movement memory, rehearsal discipline, systematic repetition mental rehearsal, rehearsal discipline, planning of rehearsal, response to feedback, capacity to improve.
- Actions; jump, turn, balance, travel, floor work, gesture, transference of weight, change of body part.
- Dynamic content; fast/slow, sudden/sustained, acceleration/deceleration, strong/light, direct/indirect, flowing/abrupt
- Spatial content; pathways, levels, directions, size of movement, patterns, spatial design
- Relationship content; formations, action & reaction, lead & follow, mirroring, accumulation, complement/contrast, counterpoint, contact
- Choreographic processes; researching, improvising, generating, selecting, developing, structuring, refining
- Structuring devices; binary, ternary, rondo, narrative, episodic, beg/mid/end, unity, logical sequence, transitions
- Choreographic devices; repetition, unison, canon, motif development, contrast, highlights, climax, manipulation of number

**Leadership** – Students will demonstrate good communication

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**Leadership** – Students will demonstrate good communication skills and will be able to work

- communication of choreographic intent.
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**Leadership** – Students will demonstrate good communication skills and will be able to work confidently, making decision suitable for their solo/group choreography... Teamwork - Develop the social skills required to provide peer feedback effectively alongside one another demonstrating respect and an awareness of others' feelings and emotions. Analytical/evaluation skills -Identify strengths and areas for improvement within performances & choreographic

**Creativity**- Using initiative and imagination to create movement ideas for choreography

processes.

- features of these such as colour, texture, shape, decoration, materials
- lighting eg colour, placement, direction, angles etc
- properties eg size, shape, materials, how used etc
- costume (including footwear, masks, make-up and accessories): features such as colour, texture, material, flow, shape, line, weight, decoration and how they define character or gender, identify dancers, enhance or sculpt the body and enhance the action
- dancers (number, gender)
- aural settings eg song, instrumental, orchestral, spoken word, silence, natural sound, found sound, body percussion, style, structure and musical elements such as tone, pitch and rhythm
- dance for camera eg placement, angle, proximity, special effects.

## Choreographic skills including;

- Choreographic approaches,
- choreographic content,
- choreographic intent,
- Actions,
- Space,
- Dynamics,
- Relationships,
- Choreographic processes,
- choreographic devices,
- structuring devices

## **Performance Skills**

- Physical
- Technical
- Expressive
- Mental

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- Technical
- Expressive





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Teamwork - Develop the social skills required to provide peer feedback effectively alongside one another demonstrating respect and an awareness of others' feelings and emotions.

Analytical/evaluation skills –
Identify strengths and areas for
improvement within performances
& choreographic processes.
Creativity- Using initiative and
imagination to create movement
ideas for choreography
Responsibility - Work independently
and recognise the consequences of
actions and behaviours in physical
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**Communication -** Communicate effectively with peers using verbal and non-verbal methods.

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- the similarities and differences between the defining characteristics of each dance (as above)
- the contribution of choreography (as above), performance and features of production to the audience's understanding of the work
- the relationships between choreography, performance and features of production (as above) and the ways in which these have been used together to enhance audience understanding of the choreographic intention
- the purpose or significance of different performance environments in which the dance was created and performed.

- Mental

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